

Release, Waiver of Liability and Statement of Informed Consent:

Please read carefully and sign.

I have agreed to participate in a Teacher Training offered by Wilmington Yoga Center (WYC).

I understand the inherent risks associated with participation in this Training and the possible injuries that can be sustained by participants. I knowingly and voluntarily assume these risks and full responsibility for any personal injury or illness that may be sustained by me, or any loss or damage to property owned by me, as a result of or in any way arising out of, my participation in this Training, or in travel to and from this Training.

I acknowledge that I am solely responsible for medical or other costs arising out of any bodily injury, illness, or property damage or loss sustained by me through my voluntary participation in this Training.

I hereby agree that in consideration of WYC allowing me to participate in the Training, I do for myself and my heirs, executors, administrators, and assigns hereby release, waive, and forever discharge WYC, its owners and employees (hereinafter referred to as Releases) from any and all liability, claims, demands, actions, or causes of actions arising out of or related to (i) any injury or illness, including death, that may be sustained by me or which I may cause during the course of my participation in the Training or (ii) any loss or damage to my property, while participating in the Training and any activities incidental to participation in the Training.

I hereby agree to indemnify and hold harmless the Releases against all liability for any personal injury or illness, loss or damage to property, or costs, including court costs and attorney's' fees that may result from or arise out of my participation in this Training.

IN WITNESS WHEREOF, I have signed this Release, Waiver of Liability and Statement of Informed Consent as of the _____ day of _____, 20____.

Signature Participant Printed Name

Participant

Wilmington Yoga Center
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